

GARDEN SUBURB PUBLIC SCHOOL



Wednesday 16th November, 2016

Week 6 Term 4

Dear Families,

Wow this term really is flying! It is the time of year where we start to plan for next year.

This Friday I have asked Mrs Fletcher to visit the Year 5 students to discuss student leadership for 2017. They will get the opportunity to nominate one of their peers and of course be nominated. The Year 5 students who have been nominated will then have one week to complete a written submission. This submission is due to me on Friday 25th November by 11am. If your child is going to be away please let their class teacher know so we can make alternative arrangements. Speeches will then be heard on Friday 2nd December at 12pm. I wish them all the best of luck on this journey.

At the end of each year Mr Mathews and Julia Nagy (band conductor) like to put together a performance to showcase the skills and talents that our band students have developed this year. This wonderful showcase will be held on Thursday 24th at 5pm in the school hall. All family and friends are invited. Please let Mr Mathews know before November 21st if you will be attending.

Next Monday the P&C will be having their last meeting for 2017 in the Library at 6pm. A big thank you to our wonderful P&C for all their hard work this year, our staff and students are very grateful for all your support. The P&C will also be holding a Christmas Disco on Friday 2nd December. The whole family is invited to celebrate the end of the year with some fun activities around the school hall. Just a reminder that this event is a P&C run event, staff may attend but parents are required to stay and supervise their own children.

We hope Stage 2 and their teachers have a wonderful time at the Reptile Park next Monday. I can't wait to hear all about it (as long as they don't bring me back a snake).

Have a great week, I look forward to seeing you all around school in Week 7!

Jennie Samuels
Relieving Principal

DATES TO REMEMBER

Monday 21st November

Stage 2—Gosford Reptile Park

Thursday 24th November

Concert Band Performance—
5.00pm

Friday 25th November

Student Leader nominations due

Thursday 1st December

Goalball Knock-Out Shield

Friday 2nd December

Student Speeches—12pm

Friday 2nd December

P & C Xmas Disco—5.00pm

Thursday 8th December

Presentation Day

Monday 12th Dec

Yr 5/6 Party Day—Splash Zone

Wednesday 14th Dec

Yr 3/4 Party Day—Warners Bay
Super Strike

Wednesday 14th Dec

Yr K/2 Party Day—Glendale
Movies

Friday 16th December

Last day of Term 4 for Students

Our 2017 Kindies having fun at the Teddy Bears Picnic



CANTEEN ROSTER

Thursday 17th November

L. Parker/Samm

Friday 18th November

T. Clark/T. Spence/G.
McSeveney

Monday 21st November

T. Clark

Tuesday 22nd November

T. Clark/S. Jones

Wednesday 23rd November

T. Clark

PAYMENT REMINDERS

Sport in Schools—Balance
\$12.50

Gosford Reptile Park—
\$22.00 DUE TODAY

DON'T FORGET!



SCHOLASTIC
Book Club
orders are due:
Issue 8— Due 30 Nov

CONCERT BAND PERFORMANCE

The Concert Band will be having their end of year annual performance and you are all invited!!!

At the end of each year we like to put together a performance to showcase the skills and talents that our students have developed this year.

Date: Thursday, November 24th 2016

Time: 5pm-6pm

Location: School Hall

Afternoon-Tea Provided

All family and friends are invited. **Please respond before November 21st**, to the Office on 4943 4898 to let me know if you will be attending.

We look forward to seeing you there!



Joshua Mathews & Julia Nagy

Band Coordinator and Conductors



Parenting Webinars

Bullying Awareness Parent Webinars (Parents/Carers)
1 x 1 hour online webinar | Cost \$10

From the comfort of your home or office, understand more about the nature of bullying and cyberbullying. This webinar will provide parents with practical strategies to take if you believe your child is being bullied or is bullying others.

Parents will develop the skills and knowledge to:

- Identify bullying and cyberbullying behaviours
- Set realistic boundaries for technology use
- Keep young people safe online

Upcoming dates (from 12:00pm-1:00pm)

Tuesday, 18 October 2016
Tuesday, 8 November 2016

Tuesday, 22 November 2016
Tuesday, 6 December 2016

Bookings essential
Please call 02 8882 7850

Interrelate is a community based, not-for-profit organisation with a network of centres across metropolitan, regional and rural New South Wales. Each year, Interrelate helps over 60,000 individuals, couples, families and children to strengthen their relationships. This year, Interrelate celebrates 90 years of delivering relationship education and services to individuals, couples, families, children and schools across NSW. We offer affordable parenting courses and seminars that support parents and children.

1300 1 relate (1300 473 528)

facebook.com/interrelate

@interrelateFC



Trolls – The Movie

Come along to a family-friendly event to support the amazing work the DANII Foundation do; amongst other things they are providing 2-week trials of safe and proven technology (CGMI) to Type 1 Diabetics.

Where: Metro Cinemas Lake Haven

When: Sunday 4th December 2016

Time: 11am – 3pm

Cost: \$20 per adult, \$15 per child
\$60 family (2a/2c)

To purchase your tickets follow the link:

https://dps-euzir-formstack.com/forms/danii_foundation_family_movie_day_2016

There will be market stalls, face painting, cupcakes, raffles and gift bags!!!

For more information contact Catherine on 0422 239 298
or Debbie on 0427 678 800



It is estimated that "Dead in Bed Syndrome" accounts for between 4.7 and 27.5% of deaths to Type 1 Diabetics



Love the look!

Carpet • Timber • Laminate • Vinyl • Bamboo

120 Parry Street, Newcastle West Ph: 4929 4691

CHURCHILL'S
CARPET COURT

www.carpetcourt.com.au

FLOORING CENTRE



Jason Allen
Sales Agent
0458 561 856

CREER
PROPERTY

SO YOU WANT CONFIDENCE,
DISCIPLINE AND FOCUS?

NewcastleKarate.com.au

Engage • Encourage

NEWCASTLE KARATE
2 WEEKS FREE TRIAL WITH NO ONGOING OBLIGATION
WWW.NEWCASTLEKARATE.COM 0411699999
CHECK OUT OUR FULL TIME STUDIO @ 77 HARRISON ST CARDIFF

Say NO MORE to Bullying.

Tae Kwon Do will teach you how to deal with Bully's. You will develop confidence, self control and respect.

Challenge yourself this year. Come along and join one of

SOUTHERN CROSS TAE KWON DO ACADEMY
For Men Women & Children
(From 3 yrs +)

Classes at...

CARDIFF
John Young Community Hall
Thomas Street
Mon: 5.30 - 6.30pm

DUDLEY
Dudley Vintage Hall
96 Ocean Street
Tues: 5.30 - 6.30pm

THE JUNCTION
St Josephs School Hall
182 Union & Kenrick St
Tue: 5.45 - 6.45pm

LAMBTON
Lambton High School
Young Rd
Thurs: 5.45 - 6.45pm

WALLSEND
Callaghan College
Our Mirri & Macquarie St
Wed: 5.30 - 6.30pm

Scan the QR code and check out our website or Face book us

4934 2806 or 0405 799 981
www.southerncrosskid.com.au

ADDING **10 MINUTES A DAY** TO A CHILD'S READING MAKES A BIG DIFFERENCE OVER THE YEAR.

A COMPARISON OF YEAR 5 CHILDREN

200% INCREASE IN WORD EXPOSURE OVER ONE YEAR!

RESEARCH SHOWS US THAT THE BENEFITS OF READING MORE IMPROVE PERFORMANCE IN:
GENERAL KNOWLEDGE, VOCABULARY, READING COMPREHENSION, VERBAL FLUENCY AND SPELLING.

SCHOLASTIC

Let's Make a Difference

InFigur
WOMEN'S COMMUNITY FITNESS STUDIO

52 Ada Street Cardiff 2282
(within ATUNE & Squash Centre)
PH: 0413769643
AH 0408485707

InFigurs
WOMEN'S COMMUNITY FITNESS STUDIO

This is a first for the Hunter— a community fitness studio, run by the community, for the community. We are a group of like-minded women, all ages, who are interested in health, fitness and well-being.

We offer:

- 30 minute circuit which changes daily
- Workouts tailored to suit your needs
- i.e. If you have an injury our trainers offer an alternative

Membership

- 6 month (\$65.00) and 12 month (\$60.00) contracts
- Weekly (\$20.00) or Daily (\$15.00)
- Cash or Direct Debit

Come in and see our friendly staff and have a free trial workout

Opening Hours

Monday to Friday	6.30am - 10.30am	2.00pm - 7.00pm
Saturday	7.00am - 11.00am	

These advertisers support us, please support them.

ROYCE GRACIE JIU-JITSU

FIRST LESSON FREE!

Gracie Jiu-Jitsu
Grappling
Self Defence
Mixed Martial Arts
Adults And Kids

Contact Angela Gracie at:
04 38270342

www.gracie.com.au

Charlestown Netball Association

Come and play Netball, all ages from 7 years to Seniors.
Umpire, Coach or Manage a team.

Call me on **0408 689 150** and I will show you how to have fun, get fit and meet new friends.

Bula Street, Charlestown
www.charlestownnetball.com.au

Hours:
Mon-Fri: 8am-6pm
Sat: 8am-12pm

Phone:
(02) 4954 7055

www.cardiffvethospital.com.au

Like us on facebook

CARDIFF VETERINARY HOSPITAL

Gail Melliush - B.V.Sc.
Andrew Cornwell - B.V.Sc.

26c Harrison Street, Cardiff NSW

Hunter Sports Centre
MORE THAN MEETS THE EYE

Programs from 18mths - Adults

Start Here - Go Anywhere

Gymnastics is a varied and diverse sport. The Hunter Sports Centre offers Many programs catering for all ages, from the very young to young at heart.

The Hunter Sports Centre also offers:

- Gymnastics Birthday Parties
The Fun Starts in the Gym
- Vacation Care
Fully approved for CCR & CCB all meals included
- School Holiday Programs & Clinics
For further information visit www.hsc.org.au

Programs available are:
Kindergym - 18 mths - 5years
Junior Gym, Gym Star, Gym Fun - 4 - 12 years
Acro Fun, Teen Gym, Adult Gym - 9 years plus
Trampoline - 7 years plus
Development programs and MAG Competitions

BOOKINGS FOR ALL PROGRAMS ESSENTIAL
Contact the Centre
PO Box 3167 • Glendale NSW
Phone: 4953 6366 Fax: 4953 6587
www.hsc.org.au

4TH GENERATION BUTCHERS

TIM & CHRIS
62 ORCHARDTOWN RD
NEW LAMBTON, NSW 2305
(02) 4957 2445

LEWIS
259 LAMBTON RD
NEW LAMBTON, NSW 2305
(02) 4957 1617

34B, Kelton Street, CARDIFF, NSW 2285
02 4954 6888

Cardiff Dental Your Family Dentists

Preventive Care • Emergency care • Laughing gas • Fissure seals **FOR KIDS**

FOR ADULTS Cosmetic procedures • Crowns • Dentures • Fillings • Root Canals

Need a printer that understands your marketing goals?

Call our Design & Print Consultant to help bring your ideas to life.

1800 245 077
art@ausnews.com.au

ausnews
MAKE BETTER CONNECTIONS

Debonair Hair Care
Monday closed, Tue-Fri 9am - 5pm,
Tuesday nights open late & Saturday 9am-1pm

2 Lake Ave, Cardiff South, NSW 2285
Mob: 0427 583 825 | Ph: (02) 4954 6227
debonairhaircare@hotmail.com

HSH HOME HIRE
HANDYMAN SERVICES

WHY BUY IT WHEN YOU CAN HIRE IT

D.I.Y Project?
We have all the tools you need **DELIVERED**

homehirehandymanservices.com.au

cardiff chemist

Open 7 days
Weekdays 8:30am to 7pm
Saturdays 8:30am to 5pm
Sunday 9am to 3pm

Professional Advice - Free Local Delivery
Webster Packs • Diabetes Australia • Baby Nurse
Free 15min Meds Checks • \$25 Medical Certificates

4954 5355
2/50 Harrison St, Cardiff

TOZER

5/147 Newcastle Rd Walsersd 2287

HEATING & COOLING

AIR CONDITIONING & ELECTRICAL
Domestic • Commercial • Sales • Installation • Service

Ph (02) 49 51 4522 www.tozerair.com.au
AU13377 / 173673C

Garden Suburb Public School newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education and Communities or Garden Suburb Public