



Garden Suburb Public School
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Principal: Louise Dunn



Term 3 Week 2 2021

Week 10 Principals Award - Charley



This student has the ability to light up the classroom with his smile. He is a genuine and polite student who always remembers his manners and never forgets his 'please's', 'thank you's' and 'you're welcome'. He has worked extremely hard to be the best learner he can be and has been very courageous in taking more risks in his learning this year. He can often be seen with a soccer ball under his arm heading to play on the bottom field with all of his mates and he is always a fair and kind sportsman, accepting of others and including them in his games. He is a friendly and helpful student who is always willing to help both teachers and peers and is an excellent role model for all Garden

Suburb students as he shows all of the traits of a quality student – he is respectful, responsible and works hard in all areas to achieve his personal best. His teachers love having him in their classroom and are proud of his ability to be positive and resilient. He is a valued member of the Galaxies classroom. Congratulations, Charley!!!

Introducing Mrs Sturman



It is with much excitement that I introduce myself as the Relieving Principal at Garden Suburb Public School. It is both an honour and a privilege to be working with the school community.

For the last 14 years, I have been a Classroom Teacher, Assistant Principal, Deputy Principal and Relieving Principal at Kurri Kurri Public School. Prior to this I spent 10 years working at schools in the Northern Territory.

Over the past few days I have met many wonderful students and staff at Garden Suburb Public School and have enjoyed listening to them share stories about what they love about the school. Students have been coming up to me in the playground to have a chat and welcome me to their school. Over the coming weeks I will be meeting with students to find out more about the

great things that happen at Garden Suburb Public School and have them share ideas about their aspirations.

With Covid restrictions impacting on meeting our families, I will be out and about at the school gates after school and in the mornings over the coming weeks whenever I can, so please come and introduce yourself as best as you can given the Covid rules at the moment.

I am looking forward to working in partnership with the whole school community to continue to foster a school environment where all students experience a sense of belonging and educational success.

I look forward to meeting you all over the coming months.

Kind Regards

Mrs Victoria Sturman

NAIDOC Week

The NAIDOC 2021 theme - Heal Country! - which invites the nation to embrace First Nations' cultural knowledge and understanding of Country as part of Australia's national heritage and equally respect the culture and values of Aboriginal peoples and Torres Strait Islanders as they do the cultures and values of all Australians.

Throughout the week our students are learning about the meaning of the NAIDOC theme through in class activities and lessons.

On Tuesday, all our students enjoyed a Johnny cake cooked on the BBQ by our teachers.



Each class is researching an Aboriginal language to use in a song. The Marrin Gamu song was created to introduce Australians to the diversity and beauty of our first languages. Each class will be recording what they learn to share with the community.

On Friday, Winanga-Dreaming are conducting workshops to help the school to celebrate and become immersed in Aboriginal culture. The workshops are developed by qualified teachers and delivered by Aboriginal people with extensive experience in their specific area. Our students will be learning about:

- Aboriginal dance and songs workshop
- Aboriginal games
- Native plants and foods workshop
- Storytelling

Students are invited to wear the colours of the Aboriginal flag or Aboriginal designs on Friday to celebrate.

School Caps



The school has been phasing out our old school caps and moving to a broad brimmed hat over the past three years. From the beginning of Term 3 students will no longer be able to wear a cap to school and will be required to wear the school hat. School hats can be purchased from the office every day for \$15. If you are unable to purchase a new hat please contact the office.

Interrelate

Over the past 2 weeks our Stage 3 students have been engaged with the Interrelate program as they learn about the changes of moving into the teen years.

Year 5 have been focusing on:

- Acknowledging personal differences and promoting respect for, and acceptance of, others
- Increasing awareness of personal safety and protective behaviours
- Developing students' understanding of physical development at puberty, and providing strategies for managing these changes
- Discussing different types of relationships and strategies for managing conflict

Year 6 have been focusing on:

- Revisiting development at puberty
- Outlining the process of human reproduction, including conception, foetal development and birth
- Exploring respectful relationships with self, friends and family
- Enhancing students' self-esteem, communication and decision-making skills in relation to taking responsibility, taking care of themselves and respecting others

- Assisting students to become aware of the influences on their personal choices and the potential consequences of those choices
- Raising awareness of technology and its influence on teens, including strategies for cyber safety
- Discussing expectations in high school

Life Education – Healthy Harold



This week all classes will be visiting the Life Education Van (at school) where they will participate in an interactive health and personal development session. The Life Education team and Healthy Harold provide engaging learning experiences that empower our children and young people to make safer and healthier choices. Our students are very excited to see Healthy Harold!

22 - 26 July 2021	Life Education and Healthy Harold Visit
23 July 2021	NAIDOC Week – Winanga-y Dreaming Cultural Incursion
26 July 2021	P&C Meeting
29 July 2021	YR 5 & 6 Interrelate
2 - 6 August 2021	Zone Public Speaking
3 August 2021	SISA (Sports in Schools Australia)
13 August 2021	PSSA Gala Day
17 August 2021	SISA (Sports in Schools Australia)
18 - 20 August 2021	Stage 3 Canberra Camp
23 August 2021	A Matter of Seconds incursion – Water safety program
23 - 25 August 2021	Stage 2 Great Aussie Bush Camp

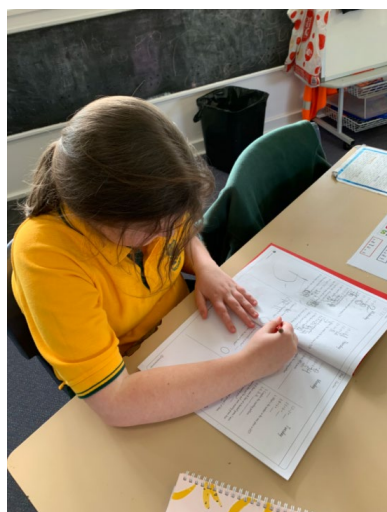
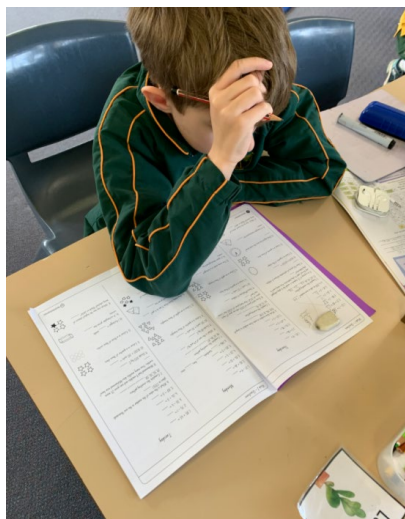
Classroom News - Stage 3

At the end of last term, Stage 3 started a project to design their own theme park. Students were given \$500,000 to build the theme park. They had to budget, draw their park to scale and consider what is needed to create a fantastic park as a group. Students then completed a birds eye view of a map before transferring it onto the computer using Minecraft. Stage 3 are looking forward to presenting their parks in the coming weeks.



Classroom News – Titans

The Titans have been having fun and working hard in class this fortnight.



Positive Behaviour for Learning (PBL)

Our PBL focus for Week 3/4: Respecting all areas of the school

- . Using school areas responsibly and carefully
- . Leaving all areas clean and tidy

Message from the office



Attendance

This is a reminder that students should not attend school if unwell, even with mildest of symptoms. Any person with any COVID-19 symptoms will be sent home and should not return until they have received a negative test result and are symptom-free. Negative COVID test results should be emailed to the school prior to returning. gardensub-p.school@det.nsw.edu.au

Thank you to those parents that update your child's school absence through the Sentral parent portal app. Please be sure to add a complete description of the illness. For example, '*Johnny is unwell with a cough and fever. We are getting a COVID test today.*' The office will contact parents to ensure the full description of the illness is recorded if this is not received.

Thank you for your assistance.

Parents on site update

Please be advised that due to current COVID restrictions parents are not allowed in the school grounds. There will be a teacher on duty to drop your children at the front gate of a morning and please wait outside of the gates of an afternoon. If you need to collect your child early or are bringing them to school late please call the office on 4943 4898 when you arrive at the gate and the office staff will collect them or bring them to you.

If parents do need to enter the school for the uniform shop or volunteering in the canteen you must sign in using the QR code before entering the gate. All adults and students over 12 years old must wear a face mask.

Labelled lost property items will be sorted and sent home with the students.

Thank you for your patience with this matter.

Environment News

Welcome back to Term 3. The new colour bins bought with the Woolworths Junior Landcare Grant money, have been assembled and placed in two locations in Area 1. They are in the usual location under the COLA and the second set are under the covered walkway near the stairs to the Stage 3 veranda.



Totally Trash Free Tuesday will continue this term. I handed out a lot of green dazzlers last Tuesday. The canteen is now open on Tuesdays, so after a discussion with Donna, our canteen supervisor, students are encouraged to return rubbish from canteen purchases, (ice block wrappers, snack food packets, lunch order packaging) to the canteen in return for a green dazzler.

Year 4 students from the Rockets have planted more plants in the pollinators garden. Students helped to harvest the sweet potatoes from the veggie garden.

Julie Brewer





Congratulations to all the winners, who were lucky enough to share a milkshake with Ms Cootes and Mrs Sturman this fortnight.



P&C

GSPS would like to thank the P&C for their generous donation last term of \$10,000!!! The school will benefit greatly from new technology supplies and school upgrades. We are very lucky to have such engaged community members and parents. Thank you to all our P&C members. The next P&C meeting will be held in the library on Monday 26th July at 6pm.

Canteen News

Dear Garden Suburb Public School families and school community,

Our school canteen will now be open on Tuesdays for Term 3.

Canteen will now operate Tuesday, Wednesday, Thursday and Friday.

Orders can be placed **ONLINE** or a cash order in a brown paper bag.

ONLINE ORDERS can be placed through **QUICKCLIQ**. The cut off time is 9:20am on the day of ordering.

If you are new to online ordering please follow the instructions below to create an account. You can place an order 28 days in advance, this is a wonderful option if you order regularly.

Cash orders can be either dropped off to the canteen before school or in the canteen basket provided in each classroom.

Re-usable lunch bags are for sale at the Canteen for \$10.50 or your welcome to purchase your own.

With our new canteen menu providing lots of fresh items we're in need of new volunteers mainly on a Friday. Canteen Volunteers are still able to assist with the current COVID restrictions. Please contact the office if you have some spare time.

Slushes will be up and running shortly after the machine has been serviced, we will keep you updated when Slushies are available.

Thank you for supporting our school canteen.

Donna Scott, Canteen Manager

A simple way to order online



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www.quickcliq.com.au



Add credit to your online
wallet to use when required
No more money in envelopes!



Pay and place your order,
it is that quick and easy
Food orders, uniforms & more



CANTEEN MENU

2021

SANDWICHES

Vegemite/Jam	\$2.00
Cheese	\$2.50
Egg & Lettuce	\$3.00
Ham	\$3.50
Diced Chicken, Lettuce & Mayo	\$4.00
Salad	\$4.00
(let/tom/beet/carrot/ cucumber)	
Salad with Ham/Diced Chicken	\$4.50

Toasted Extra \$0.50

Choice of White, Wholemeal or Gluten Free Bread for all sandwiches

WRAPS

Salad	\$4.50
Ham/Diced Chicken & Salad	\$5.00
^Chicken Finger with Lettuce, Cheese & Mayo	\$5.00

SALAD BOXES

Salad	\$5.00
Ham/Chicken & Salad	\$6.00
Egg & Salad	\$6.00
Ham/Chicken with Egg & Salad	\$6.50

FROZEN TREATS

Fruit Ice Block (4 flavours)	\$0.50
Frozen Pineapple or Watermelon Kebabs	\$0.20
Frozen Juice Cup	\$1.00
Apple Blackcurrant	
Juicies (3 flavours)	\$1.20
^Moosies - Choc, Blue Moon	\$1.50
^Ice Cream Cups	\$1.00
^Frozen Yoghurt	\$2.50
Choc Vanilla, Watermelon	

EXTRAS

Paper Bag	\$0.20
Sauce - Tomato, BBQ, Mayo	\$0.50

HOT FOOD

Corn on the Cob	\$1.00
Hard Boiled Egg	\$1.00
Garlic Bread	\$2.00
^Chicken Burger with Lettuce & Mayo	\$5.00
^Chicken Fingers (each)	\$0.50
Max 8/order	
^Party Pie (Low Fat)	\$2.40
^Large Pie (Low Fat)	\$3.80
^Sausage Roll (Low Fat)	\$2.40
Fresh Made Pizza	\$3.50
Cheese, Ham & Cheese or Hawaiian.	
Pasta Bolognese	\$5.00
^Nachos	\$5.00
Spring Roll	\$1.00
Hot Chicken and Gravy Roll	\$5.00

SNACKS

Watermelon Tub	\$2.00
Slinky Apple	\$1.00
Fresh Vanilla or Strawberry Yoghurt Cup	\$1.00
Vege Tub (Carrot, Cucumber, Capsicum) with Hummus	\$1.50
Fresh Popped Popcorn	\$0.50
Pikelets - Jam or Margarine	\$0.50
^Fresh Baked Muffin - Choc	\$1.00
^Grainwaves, Sour & Cream	\$1.50
^Red Rock Chips, Sea Salt	\$1.50
^Monster Noodles	\$1.00
Chicken, BBQ	
Cereal Bag (Cherrios)	\$0.50
Crackers and Cheese Cubes	\$1.50

DRINKS

Water - 600mL	\$1.50
Hot Chocolate	\$1.50
Juice - 99% juice, 200mL	\$2.50
Orange, Apple Blackcurrant, Apple	
Milk - Full Cream, 200mL	\$1.50
Milk - Reduced Fat, 200mL	\$2.50
Choc, Strawberry	
Juice Bomb - AppRasp, AppBC	\$2.50
Fruit-based Slushie (2 flavours)	\$2.00



^Occasional Choice Items. They have a health star rating of 3.5 or above.

Good for Kids good for life

HEALTHY WINTER WARMERS

Here's a few ideas for healthy meals that are cheap, delicious, full of everyday foods and will keep you warm in winter!

- Soups – try pumpkin, vegetable, lentil, tomato or minestrone
- Toasted sandwiches – fill them with your favourite everyday fillings like baked beans & cheese or ham, cheese and tomato.
- Mini Pizzas – make them with English muffins or wholegrain wraps
- Slow cooker casseroles – pack them full of vegetables like potato, carrot, celery or pumpkin



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



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