

GARDEN SUBURB PUBLIC SCHOOL

A caring environment providing quality education

Principal Award – Hayden N



Hayden is receiving the Principal Award for Week 1 for his achievement in all areas of school. He has shown drive in his application to academic tasks, and resilience when things are tricky. He is an expert mathematician and loves working with numbers. He has worked hard with his reading and loves to help others in the classroom. He follows all school rules and demonstrates school values consistently. He shows resilience and demonstrates commitment to developing his social skills by being a valued member of the Calypso class and the Novas. Congratulations Hayden!

Change to isolation requirements

On 30 September, National Cabinet announced that from Friday 14 October 2022, people who test positive to COVID-19 do not need to isolate. In line with this announcement, the NSW Department of Education have worked with NSW Health to support all schools to adapt to this change while continuing to prioritise student and staff wellbeing by minimising the risk of COVID-19 transmissions.

Students, staff and visitors should only attend school when they are symptom free. We strongly encourage all students, staff and visitors to follow the guidance issued by NSW Health. We will continue to send home students or staff displaying symptoms.

Anyone who believes they have been exposed to COVID-19 is strongly recommended to monitor for symptoms and test if they have any concerns, as well as wear a mask. We will continue to support our families to use rapid antigen tests (RATs) if symptomatic or if you believe you have been exposed to COVID-19. RAT testing may help identify the infection early and is important if you are in contact with people at greater risk of serious illness if exposed to COVID-19.

COVID-smart measures in schools

staying home and getting tested if unwell, and only attending school when symptom free rapid antigen testing for symptomatic students and staff. People exposed to COVID-19 should follow NSW Health guidance and test to identify

infection early even if they are not experiencing any symptoms.

good hygiene practices including regular hand washing with soap and warm water and/or use of hand sanitiser

maintaining natural ventilation, with consideration of local environmental circumstances

Remember: Staff and students should stay home if they are unwell. If COVID-19 symptoms occur, your child should undertake a rapid antigen test (RAT).

Road Safety

Please make sure that you are parking safely in parking areas around the school. There are several no parking and bus stopping areas at the front of the school and parents should not be stopping in these areas. This also includes making a u-turn on the roads around the school perimeter.

When cars are pulling into these areas and stopping, it restricts the visibility for the Crossing guard as well as endangers the safety of the students. The Council Ranger patrols school zones regularly and drivers can be fined if they are not obeying the school zone laws.

Please be considerate of our neighbours by not blocking driveways and crossing roads at designated crossing areas.

Road safety awareness can help to reduce the risk of serious injury among young children by assisting them to develop skills, knowledge and behaviour about the safe use of roads.

[Click here for the Road Safety Education for Primary Schools](#) Safety Town website.

Warmer weather

As the weather warms up, we are noticing more insect bites and over-heating in some students. This is a reminder to apply mosquito repellent and sunscreen before school daily. Hats are compulsory school uniform and students will have to play under the COLA if they don't have a hat. School hats can be purchased through QuickCliq in the Uniform shop or through the office. The price for a school hat is now \$17.

Regards

Victoria Sturman

Relieving Principal



WORLD TEACHERS DAY - Friday 28th October 2022

Australia will celebrate the teaching profession on World Teachers' Day on Friday 28 October 2022.

Our teachers have shown great resilience during challenging times, all so they can give Australian students the best future possible.

Hats off to teachers this World Teachers' Day!

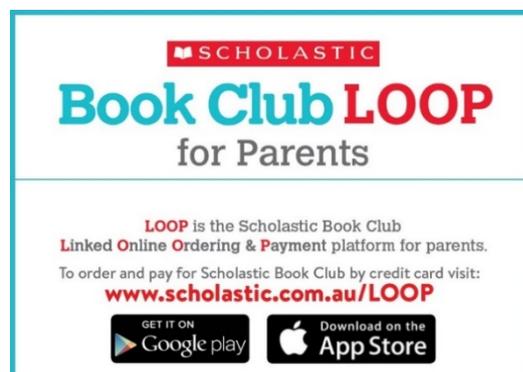


The banner features a green apple icon with a leaf labeled '2022' and a white banner across it that says 'WORLD TEACHERS' DAY'. To the right, the text 'Hats off to Teachers' is written in a large, yellow, cursive font. Below this, a yellow horizontal bar contains the text 'Friday 28 October 2022'. At the bottom left is the 'aitsl' logo with the text 'Australian Institute for Teaching and School Leadership Limited'. At the bottom right is the website 'worldteachersday.edu.au'.

Book Club

Issue 7 has been distributed to students. There are additional copies in the office if required. Orders are due by Friday 28th October 2022.

We kindly ask that all orders for Book Club be made through LOOP. Book Club's online ordering platform.



The advertisement features the Scholastic logo at the top, followed by 'Book Club LOOP for Parents' in large, colorful text. Below this, it states 'LOOP is the Scholastic Book Club Linked Online Ordering & Payment platform for parents.' and provides the website 'www.scholastic.com.au/LOOP'. At the bottom, there are two buttons: 'GET IT ON Google play' and 'Download on the App Store'.

Star Struck 2023 Vocal Audition Information

Nominations are now open for student singers interested in applying for a vocal role in Star Struck 2023.

Vocal roles include: featured vocalists, backing vocalists, and the core choir.

Round 1 is a live audition.

Round 1 auditions will be held on Friday 4 and Saturday 5 of November 2022 as well as on Thursday 3 November 2022 if an extra day is needed.

Auditions will be held at Belmont Public School, 6 Livingstone Street, Belmont, NSW 2280.

Anyone who wishes to be considered for Star Struck 2023 as a singer must complete an online application by Friday 21 October 2022.

All details can be found in the [Star Struck 2023 vocal audition information package](#).

Please note - Returning artists do not need to participate in Round 1 and will instead be invited directly to Round 2 which is scheduled to be held on Friday 2 and Saturday 3 December 2022. Returning artists MUST complete the returning artist's application form by Friday 21 October 2022. Round 2 information will be sent out after the completion of Round 1 auditions.

Any questions please contact Casey Horner, Star Struck Operations Manager via starstruck@det.nsw.edu.au



Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...



education.nsw.gov.au

Coming Up

Check the Sentral Parent Calendar

Week 2	
Last day of Swim school	Fri 21 st October
Week 3	
P&C Meeting	Mon 24 th October
2023 Kindergarten Orientation Session 3	Wed 26 th October
Assembly Parents welcome	Thurs 27 th October
World Teacher's Day Cultural Group	Fri 28 th October
Week 4	
Last day for "Share the dignity" donations	Tues 1 st November
Week 5	
2023 Kindergarten Orientation Session 4 - Teddy Bears Picnic	Wed 9 th November
Assembly	Thurs 10 th November
Cultural Group	Fri 11 th November
Week 6	
Reading cards Morning Tea	Tues 15 th November
P&C Bunnings BBQ	Sun 20 th November
Week 7	
P&C Meeting	Mon 21 st November
Assembly	Thurs 24 th November

WHAT'S HAPPENING

Dunford Cup Finals

Congratulations to our Junior Dunford Cup Football team who have been declared the winners based on the total points for all gala days.

Congratulations to Fred W

Fred W competed at the PSSA State Athletics Carnival at Sydney Olympic Park on Wednesday and Thursday this week in High Jump. There were 14 competing associations which were made up from 961 schools. He competed against 33 others and came 15th. He performed so well and got a PB. We are all so proud of his achievement!



Check-in assessment for Years 3, 4 and 5

Year 3, 4 and 5 students will participate in a reading and numeracy Check-in assessment this term. The Check-in assessment is an NSW Department of Education online reading and numeracy assessment available to support schools to assess and monitor student learning. The assessments can supplement existing school practices to identify how students are performing and to help teachers tailor their teaching more specifically to student needs. The assessment will be scheduled for our Year 3, 4 and 5 students during Week 3 this term.

Yr 6 Farewell

Following on from the Sentral post last term, the Year 6 Farewell has been confirmed for Wednesday 14th December, off-site, at Club Macquarie, Argenton. More information will be sent home to Year 6 families regarding times and venues. If you are available to assist in setting up the room during the day, please let your child's classroom teacher know.

2023 school travel applications are now open



Applications for student travel in 2023 opened from **Monday 10 October 2022**. Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before the **end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass holders](#) will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. Note: some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).

Yr 5 students - Selective High School application for 2024

Year 5 students have been sent an intention to apply form and information for applicants for students that are interested in applying for Selective High School in 2024 via Sentral. Please send the intention to apply back to the office by Friday 11th November 2022.

[For information click here](#)

Key Dates

Application website opens

18 October 2022

Application website closes

16 November 2022

Test centre and test authority advice released

20 April 2023

Selective High School Placement Test

4 May 2023

Illness/misadventure requests submitted

11 May 2023

Placement outcome expected to be released

Mid-August 2023



Information for applicants

| For entry to selective high schools in Year 7 in 2024

Share the Dignity #itsinthebag

We are asking for support from our students and the community to help Caitlin C from the Astronauts to collect handbags and essential items to help young women/adults in need. Donations of pre-loved good condition bags, handbags and backpacks.

New everyday personal care products from the list below:

- Shampoo and conditioner
- Toothbrushes and toothpaste
- Body wash or soap
- Roll on deodorant
- Sealed packet of pads &/or tampons



All items included in the bag must be new and in sealed packaging for health and safety reasons.

Place these items in the boxes that will be in the front office from Term 4. Students will receive a dazzler for any donations.

Caitlin is aiming to collect 40 bags to be donated to those women in need at Christmas time for a Christmas gift.

All donations need to be collected by 1st November 2022.

We love that Caitlin has taken the initiative to organise this donation for such a wonderful charity helping women who do it tough.

Dazzlers

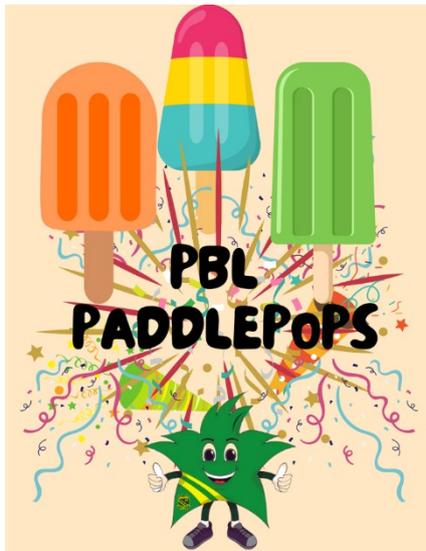


Teachers will be looking for students being **RESPECTFUL**, **RESPONSIBLE** and doing their **PERSONAL BEST** to receive *Dazzlers*.

RESPECT

RESPONSIBILITY

PERSONAL BEST



PBL Paddlepops

Congratulations to all the winners, who were lucky enough to receive the first PBL Paddlepops with Mrs McShane this fortnight.





Awards



Congratulations to all students that received awards in the past fortnight. The following students received a PBL merit award:

Galaxies

Mia T, Ashton B, Layla M, Navarna G, Leland S, Nina B

Rockets

Joey C, Savanna T, Mylee T, Penny E, Harrison G

Satellites

Patrick S, Danny Z, Chantelle T

Comets

Alexie S, Ben T, Edward S

Meteors

Teisa T, Stella C, Liam M, Zoe B, Lola C, Ebboni S, Harriet V, Zoe S, George B

Titans

Locky C-C, Shreyas P

Milky Ways

Amber G, Kaleb E

Positive Behaviour for Learning

GARDEN SUBURB PUBLIC SCHOOL

<p>RESPECT</p> <ul style="list-style-type: none"> ● Speak politely ● Be kind ● Allow others to play and learn 	<p>RESPONSIBILITY</p> <ul style="list-style-type: none"> ● Be prepared and ready to learn ● Care for the school 	<p>PERSONAL BEST</p> <ul style="list-style-type: none"> ● Dress with pride ● Try your best at all times
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ENVIRONMENT NEWS

Week 2 Term 4

The Lake Macquarie City Living Smart Festival was held at Speers Point Park on Saturday 24th September. GSPS, along with 17 other schools entered the Allambi Care School Garden Bed Competition. Two \$1000 prizes were up for offer.

Special guest judge, Costa Georgiadis from Gardening Australia, spoke with students and teachers about their displays and selected Marks Point Public as the winner of the Best in Show Award.



Hundreds of votes were counted for the People's Choice Award with Booragul Public taking out this prize.

A big thanks to Mr Flannery and Mrs Dorahy who helped set up our display on Friday and pack down on Saturday afternoon. It was fabulous to see some familiar school faces at the festival, I hope you had a

great day too. The plants used in our display have now been planted in our school gardens.



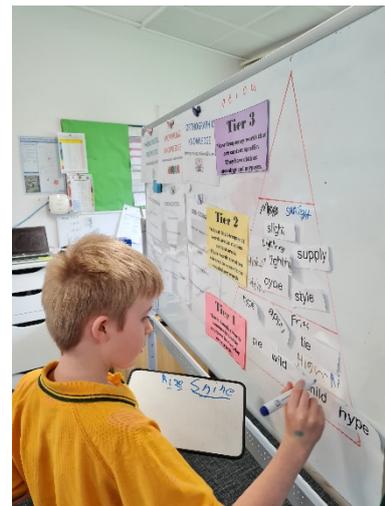
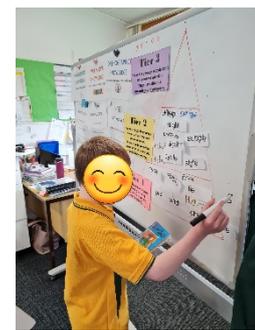
Mrs Brewer



CLASSROOM NEWS

Milky Ways

The Milky Way students have been focusing on improving their spelling and vocabulary knowledge. Students have had fun completing a 'phoneme' scavenger hunt followed by placing these words onto the tier vocabulary pyramid. Students continue to practice and improve their spelling and vocabulary skills across all KLAS.



CLASSROOM NEWS

Cosmonauts

Last term, Cosmonauts followed the Writing Process of planning, composing, editing and publishing to create imaginative and informative texts, using the word 'penguins' as a writing stimulus. They worked in small groups to research specific penguins and transferred their newfound knowledge into a presentation to share with the class. Check out the snippets of their fabulous work below!

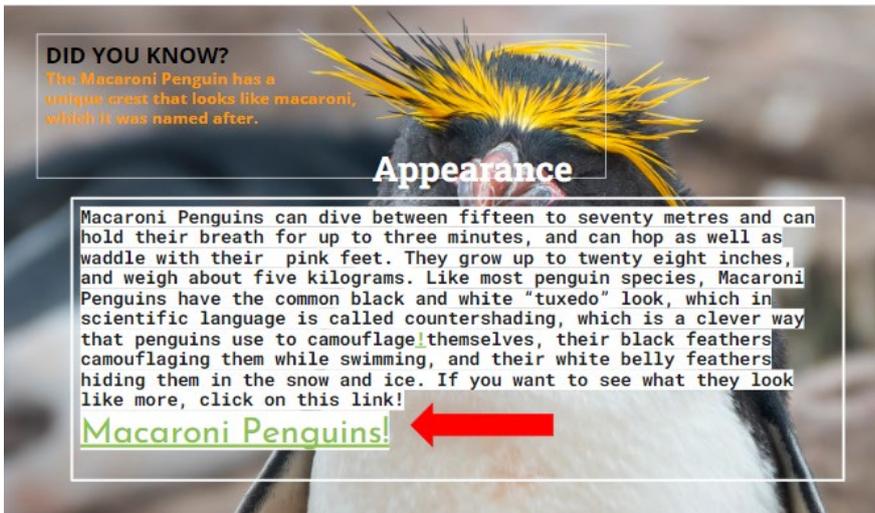
Presentation - Mia, Molly and Payton

DID YOU KNOW?
The Macaroni Penguin has a unique crest that looks like macaroni, which it was named after.

Appearance

Macaroni Penguins can dive between fifteen to seventy metres and can hold their breath for up to three minutes, and can hop as well as waddle with their pink feet. They grow up to twenty eight inches, and weigh about five kilograms. Like most penguin species, Macaroni Penguins have the common black and white "tuxedo" look, which in scientific language is called countershading, which is a clever way that penguins use to camouflage themselves, their black feathers camouflaging them while swimming, and their white belly feathers hiding them in the snow and ice. If you want to see what they look like more, click on this link!

[Macaroni Penguins!](#) ←



Informative text - Fred

↑ Characteristics: The king penguin has a silvery gray back with a blackish brown head decorated with striking ear patches of bright golden orange. The adult king penguin weighs between 15-16 kilograms and they are about 90 centimeters tall. The king penguins have also adapted over time to survive in their subantarctic habitat.

Informative text – Jordyn

The Gentoo penguins are one of the smaller penguins, they usually lay one or two eggs. They are black penguins and have a white semi circle that goes around their head, they have a bright orange bill and pink webbed feet. they can waddle faster than you think.

They live in the sub antarctic region. When they are born they have fluffy grey feathers to keep them warm. Gentoo penguins are the fastest swimming penguins in the world, they can reach speeds of up to 36 kilometres per hour. They live up to 15 to 20 years in their natural habitat.



Imaginative text - Keely

Sir waddles - the lost penguin

"CRACK" another ice-berg slowly breaks and drifts off into the never-ending sea. I swiftly shuffled to the top of the icy hills along with my colony ready to take my first dive into the deep blue mysterious water.

I slid down the soft snow, the colony cheered "go Sir waddles" a grin filled my face, it had been waiting forever for this day. Flying off I dove into the water. I swam around, fish scattered away, I waved to my family. Carefully I plunged underneath the light -blue ice-berg, seeing crystal clear above, suddenly a dark figure flashed past me.

Penguin Rescue

As I woke up to the sound of slipping and sliding, I peeked out of my cramped up cave in the middle of an ice Mountain to see all of my friends lined up preparing to migrate.

My heart relinquished, I hadn't been taught how to fend for myself because when I was only young I was separated from my mother by an iceberg. I quickly caught up to everyone but it was too late, they all started diving, ignoring my high pitch shout.

It was just then when I was grabbed by an old penguin that everyone hated because of her loud scary voice. I soon realised that the old penguin wasn't so bad. Once we had stopped for a breather she told me the basics on how to swim.

At first I was nervous but I got the hang of it quite quickly. Suddenly the old penguin who saved me was sucked into a deadly current. My heart dropped, I still wasn't a confident swimmer but I had to save the one person who cared about my safety.

So I risked it all and leapt into the current grabbing the poor old lady by her broken flipper. I hit my head and was no longer awake. We woke up in the middle of an icy land. It was dark, but was perfect to stay the night. The colony was nowhere to be seen. It was getting late and it was no longer safe in the water plus we were tired.

Imaginative text - Braith



The Zoo

Imaginative text - Edward

In Taronga Zoo on Sydney Harbor where the air is fresh and the water is crystal clear there was a fairy penguin with a slate - blue plumage named Blue. He had a happy life eating, sleeping and chatting with friends. Blue wondered what would a life outside the wall be like? His friends were Elly, the wise elephant, Kyle the bushfire survivor, Joe the kind zookeeper and Jiemba the sinister hyena.

Blue has asked his neighbour, Jiemba over and over about what's over the wall. One day Jiemba gave in. He turned his head and showed Blue a giant scar across his eye. He snarled and Blue flinched back even though he was safe from the jagged wire fence surrounding Jiemba. Elly told a story of how Jiemba escaped but was found fatally wounded and a giant tear across his eye but was treated in the nick of time.

AN UNFORTUNATE SIGHT!

Imaginative text - Sienna

The freezing sludge came into sight as Maddie arrived once again at her grandpa's icy farm on the edge of Antarctica. The waft of fresh bread came through her nostrils, her grandpa was obviously cooking up a storm! Her tummy loudly rumbled like thunder and she decided to go have something to munch on.

"Hey Mads! I've got an adventure planned!" grandpa remarked in his Aussie accent. "But first, ya look star-vin! Come eat!" Maddie's enthusiastic grandpa was eager to get outside! He must have planned something special, because Maddie was full of exhilaration, she briskly scooped her delicious bread and strolled outside to the icy landscape. "Grandpa? what's that black dot?" Maddie's eyes squinted as she sprinted over to the unfortunate sight of a hurt penguin.



What's been happening

School Swimming Scheme

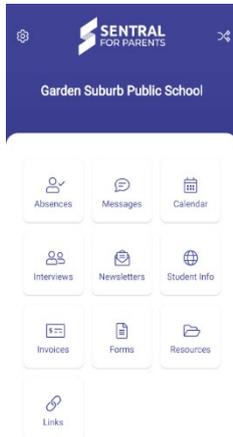
Students from years 2-4 were offered a chance to participate in the School Swimming Scheme which is a daily lesson at Charlestown pool over the last fortnight. Students learnt water safety and survival skills but most of all had fun. Thank you to Miss Cootes, Mrs Brewer, Mrs McShane and Miss Mary for running the program.



COMMUNICATION

Please use the following forms of communication with the school to stay up to date

Sentral Parent Portal App



The school uses the Sentral Parent Portal app to communicate all school updates, newsletters, permission notes and fundraising opportunities with our parent community. Parents can also submit absence requests, check the school calendar for upcoming events and message the class teacher.

All new parents and carers to the school should have received a welcome email with instructions on how to register and your access key. If you don't have an access key, please let the office know. Parents can have multiple access keys for each parent to stay up to date on what's happening in the school.

QuickCliq

Canteen and Uniforms orders can be purchased online through the website QuickCliq. Parents are encouraged to register an account, add their students details to the account and purchase credit through the website. For detailed instructions please see '[How to](#)' guide.



Website

Information regarding the school's policies, planning, reporting, expectations, P&C and so much more can be found on our [website](#). All parent payments and enrolment applications are made online using the quick link tabs along the top of the home page.

Facebook



The school has a Facebook page where you can find information on student successes, good news stories and community information. Our school Facebook page can be found by searching 'Garden Suburb Public School' on Facebook.

NSW School Updates app

The NSW School Updates App has the ability for parents and carers with children in multiple schools to receive newsletters and updates within the same app and receive push notifications on their phones when newsletters and events are posted by the school. Information feeds are filtered by school year are customised for parents and carers and includes direct contact line details to the school.

P&C



Uniform Shop

Uniforms can be purchased through the QuickCliq system, or by returning a form to the school with cash or direct deposit details. Uniforms will be sent home with the selected student unless otherwise advised in the order.



GARDEN SUBURB PUBLIC SCHOOL P&C UNIFORM SHOP

DID YOU KNOW ?



The Uniform Shop sells...

Available Thursdays at School, on Quickcliq or enquire at the School Office
PLUS CHECKOUT THE SECOND HAND OPTIONS - MOST ITEMS AVAILBLE FOR \$2!
Just a reminder our uniform includes Black Shoes and White Socks

Canteen News

We need more canteen helpers!

Please contact the office if you have any spare time to help.

Community Notices



Garden Suburb Jumping Jellybeans

Garden Suburb Jumping Jellybeans Playgroup is located right next to the school, within the Garden Suburb Community Hall (No. 2A Prospect Rd, Garden Suburb).

Jumping Jellybeans welcomes all parents and carers with children up to 6 years old. The newly renovated Hall has a large play area indoors with a kitchen, lots of toys and equipment to play with, and a small, grassed area used for outdoor play.

Playgroup is all about creative and unstructured learning through play, which is essential to children's development, as it helps them explore and understand their world. Sessions are lightly structured as informal gatherings where babies, toddlers and preschool-aged children along with their parents or carers come together in a relaxed and friendly environment to connect, play and learn.

We meet on Tuesdays during school term at 9:30am. Fees are \$40 for the term or \$5 per casual session.

Please send us an email before attending at jumpingjellybeansplaygroup@gmail.com or contact Catie on 0427 356 193 (SMS preferred).

INVITATION

DISABILITY ROYAL COMMISSION INDIGENOUS ADVOCATE
Community Engagement Day

First Nations Community who identify as having a disability; their carers, families and community are invited to attend the FPDN Community Engagement Day where we'll have a yarn and listen to stories about issues faced by the Disability Community.

Free BBQ provided!

When?

November 28, 2022
10.00 am - 2.00pm

Where?

Swansea Centre
228 Pacific Hwy, Swansea NSW

For more information or to get involved contact Bobby Fish:
Mobile: 0431 316 866
Email: bobbyf@fpdn.org.au



First Peoples
Disability Network
Australia



Is healthy eating really more expensive?

Packing healthy everyday snacks doesn't need to be expensive. In fact, everyday foods can often be a lot cheaper.

Here are some tips to help choose healthy snacks at the supermarket:

- **Shop the seasons:** choose fruit and vegetables that are in season
- **Buy in bulk:** pack into smaller portions at the start of the week
- **Make your own:** popcorn, pikelets, muffins, scrolls
- **Choose frozen, dried or canned:** berries, beans, corn, fruit
- **Use leftovers:** fried rice, pasta, salad
- **Shop the specials**
- **Look for 3.5 health star ratings or higher**

See lots of ideas on our Tips To Save Money | Good for Kids, Good for Life (nsw.gov.au):
www.goodforkids.nsw.gov.au/primary-schools/swap-it/tips/tips-to-save-money/



Nutrition Snippet

HOW TO PACK A HEALTHY LUNCH BOX



A good lunch gives children energy and nutrients to learn, play and grow.

But what does a healthy lunch box look like? Find out in our short video.

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

[Video link](#)